

# PAIN DIAGNOSTICS AND INTERVENTIONAL CARE

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## INITIAL PAIN ASSESSMENT FORM

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Gender:  Male  Female Social Security Number: \_\_\_\_\_

Address: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Alternative Phone: \_\_\_\_\_

Email address: \_\_\_\_\_

Would you like to receive copies of our newsletters?  Yes  No

Person to contact in case of an emergency: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

### **EMPLOYMENT INFORMATION:**

Place of Employment: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Occupation: \_\_\_\_\_

### **INSURANCE INFORMATION:**

Subscriber: \_\_\_\_\_ Insurance Company: \_\_\_\_\_

Address: \_\_\_\_\_ Policy #: \_\_\_\_\_

Group #: \_\_\_\_\_

Insurance Phone #: \_\_\_\_\_ Relationship of patient to subscriber: \_\_\_\_\_

DOB of Subscriber: \_\_\_\_\_

Subscriber: \_\_\_\_\_ Insurance Company: \_\_\_\_\_

Address: \_\_\_\_\_ Policy #: \_\_\_\_\_

Group #: \_\_\_\_\_

Insurance Phone #: \_\_\_\_\_ Relationship of patient to subscriber: \_\_\_\_\_

DOB of Subscriber: \_\_\_\_\_

Is this a work-related injury: Yes No If yes, date of the injury: \_\_\_\_\_

Case worker or contact name: \_\_\_\_\_

Phone: \_\_\_\_\_

Is this a motor vehicle-related accident: Yes No If yes, date of accident: \_\_\_\_\_

Car Insurance: \_\_\_\_\_ Policy #: \_\_\_\_\_

Name of Insured: \_\_\_\_\_

### **LEGAL ISSUES:**

Are you currently involved in a lawsuit because of your current pain? Yes No

If yes, what is the name of your attorney: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

**SOCIAL HISTORY:**

Marital Status:    Single    Married    Separated    Divorce    Widow(er)

Do you feel free from apparent physical or emotional abuse in your home?    YES    NO

If no, would you like to speak to a member from our Social Service Dept.?    YES    NO

Type	**Present Use	Amount	**Past Use	Amount
Alcohol				
Cigarettes				
Cigars				
Chew/Snuff				
Marijuana				
Cocaine				
Heroin				
Other				

**WORK:**

Occupation: \_\_\_\_\_

Status:    Working FT    Same Duties    Reduced Duties     
 Working PT    Same Duties    Reduced Duties     
 Not working due to pain  
 Not working due to other non-pain related reasons  
 Unemployed, seeking employment  
 Unemployed, not seeking employment  
 Retired    Homemaker    Student  
 Other: \_\_\_\_\_

**KNOWLEDGE ASSESSMENT:**

Your Primary Language: \_\_\_\_\_   Secondary Language: \_\_\_\_\_

- Do you prefer to learn by:  
 Reading    Classroom    Demonstration    Video    Repetition    Other
- Do you have any learning difficulties?    Yes    No
- Current living arrangements (check all that apply):  
 House    Apartment    Assisted Living    Personal Care Home/Nursing Home  
 Lives Alone    Lives with relative/friend: \_\_\_\_\_    Stairs
- Your highest level of education achieved:  
 College graduate    High School Graduate    Other: \_\_\_\_\_
- Check below any impairments that pertains to you:  
 Hearing    Wears a Hearing Aide    Visual    Wears Corrective Lens  
 Mobility    Requires use of cane, crutches, walker    Speech  
 Emotional    Other \_\_\_\_\_

**HISTORY OF PRESENT ILLNESS:**

What is the problem that you are being seen for today? \_\_\_\_\_

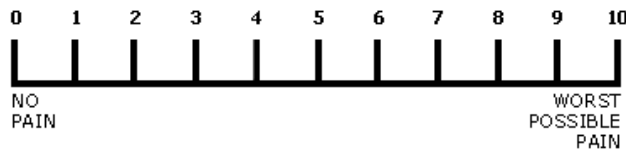
Location: \_\_\_\_\_

Where is your **PRIMARY** pain? (consider it to be primary if it is 50% or more of your pain)

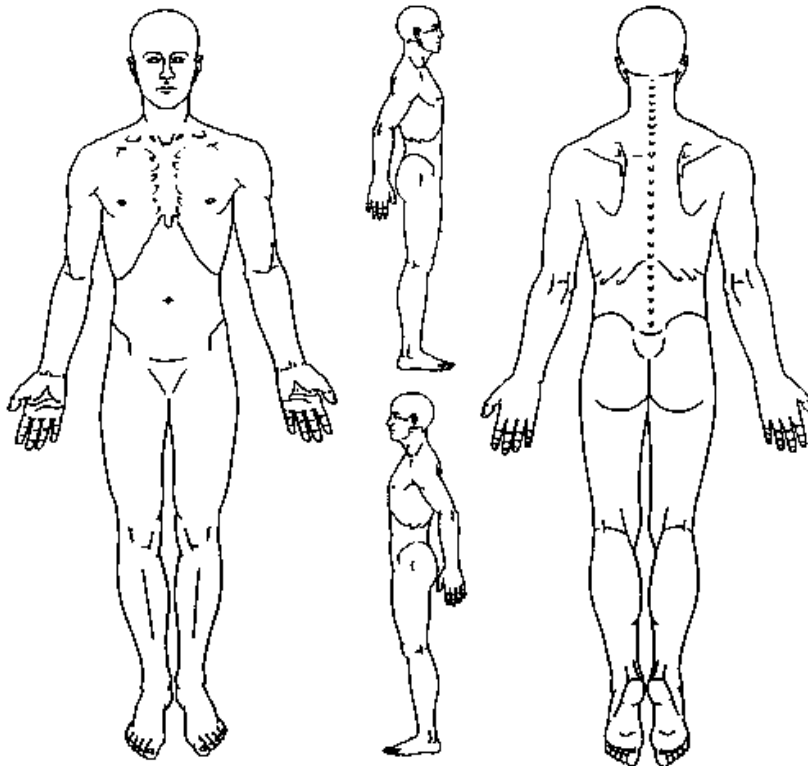
Please list the amount of time that you have been suffering from this condition in days, weeks, months or years: \_\_\_\_\_

**RATING OF PAIN:**

Rate your pain level TODAY on a 0-10 Scale? (0 no pain, 10 worst imaginable)



**PAIN DIAGRAM:** On the diagram below, please indicate where you are experiencing pain or other symptoms, right now.



**A = ACHES**

**P = PINS AND NEEDLES**

**B = BURNING**

**S = STABBING**

**N = NUMBNESS**

**O = OTHER**

**CURRENT OR PREVIOUSLY TRIED TREATMENTS: PLEASE LIST ALL PREVIOUS PAIN TREATMENT MODALITIES YOU HAVE TRIED FOR THIS OR SIMILAR CONDITIONS:**

**A. Medications:**

(Including dose and frequency, if known. Do not include current medications.)

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**B. Physical/Occupational therapy, Chiropractic care:**

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**C. Injections/Procedures:**

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**D. Other:**

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**NUTRITIONAL SCREENING TOOL:**

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Current Diet: \_\_\_\_\_  
 How do you rate your appetite?       Excellent       Good       Fair       Poor

Questions	Yes	No
1. Are there times when you have been unable to obtain food/eat for more than 4 consecutive days?		
2. Have you without wanting to, lost 10 lbs. in the past 6 months?		
3. Have you without wanting to, gained 10 lbs. in the past 6 months?		
4. Does any of the medications that you are currently taking cause you to experience nausea, vomiting, stomach pains, or heart burn?		
5. Does any of the medications that you are currently taking cause you to experience constipation or diarrhea?		

**FAMILY HISTORY: Has anyone in your family ever had:**

Medical Condition	Father	Mother	Grandparent	Siblings
Cancer				
Diabetes				
Heart Problems				
Circulatory Problems				
High Blood Pressure				
Stroke				
Other				

CHECK HERE IF NO SIGNIFICANT FAMILY MEDICAL HISTORY:

**PERSONAL HEALTH HISTORY:**

Check each of the health conditions you have now or have had in the past. Please enter the approximate date of onset next to each item marked. Items not checked are considered not to be applicable to you.

**Cardiovascular**

- High blood pressure
- Heart attack
- Pacemaker/ Defibrillator Implant
- Heart valve disease/surgery
- Irregular heart beat
- Heart Failure
- Peripheral vascular disease
- Aneurysm
- Previous bypass/stent
- Other: \_\_\_\_\_

**Pulmonary**

- Asthma
- COPD
- Lung Cancer
- Pulmonary hypertension
- Sleep apnea
- Tuberculosis
- Other: \_\_\_\_\_

**Endocrine**

- Hypothyroidism
- Hyperthyroidism
- Diabetes, diet controlled
- Diabetes, on medications
- Diabetes, on insulin
- Other: \_\_\_\_\_

**Neurological**

- Stroke
- TIA/ "Mini Stroke"
- Seizure
- Headaches
- Tremor
- Weakness
- Multiple sclerosis
- Spinal cord injury
- Other: \_\_\_\_\_

**Psychosocial**

- Depression/Mania
- Anxiety
- Suicidal thoughts/attempts
- Seeing a psychiatrist
- Previous overdose
- Other: \_\_\_\_\_

**Genintourinal**

- Prostate cancer
- Sexually transmitted disease
- Kidney disease/dialysis
- Frequent urination
- Loss of bladder control
- Other: \_\_\_\_\_

**Musculoskeletal**

- Degenerative arthritis
- Rheumatoid arthritis
- Osteoporosis
- Frequent Falls
- Date of last fall: \_\_\_\_\_
- Joint surgery
- Neck pain
- Back pain
- Upper extremity pain
- Lower extremity pain
- Fibromyalgia
- Use of cane/walker
- Work injury
- Other: \_\_\_\_\_
- Females > age 60: Date of last bone density scan: \_\_\_\_\_
- If none, do you want a Prescription for one? \_\_\_\_\_

**Head/Neck**

- Eye problems
- Congestion
- Nosebleeds
- Sore throat/Hoarseness
- Other: \_\_\_\_\_

**Hematology/Lymph**

- Anemia
- Abnormal bleeding
- Easy bruising
- Prior blood transfusion
- Swelling in groin/armpit
- Other: \_\_\_\_\_

**Gastrointestinal**

- Colitis
- Pancreatitis
- Irritable bowel syndrome
- Inflammatory bowel syndrome
- Reflux (GERD)/indigestion
- Ulcer
- Liver disease
- Nausea/vomiting
- Diarrhea/constipation
- Change in appetite
- Difficulty swallowing
- Black/bloody stools
- Loss of bowel control
- Other: \_\_\_\_\_

**Skin**

- Open Sore
- Change in mole
- Rash
- Other: \_\_\_\_\_

**Other**

- HIV/AIDS
- Transplant surgery
- Recurrent infections
- Cancer \_\_\_\_\_
- Other: \_\_\_\_\_

**SURGICAL HISTORY: (PLEASE ALL SURGERIES YOU HAVE HAD WITH APPROXIMATE DATES):**

- |          |          |
|----------|----------|
| 1. _____ | 2. _____ |
| 3. _____ | 4. _____ |
| 5. _____ | 6. _____ |

**Name of Physician who referred you to Pain Diagnostics and Interventional Care:**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ Specialty: \_\_\_\_\_  
Date Last Seen: \_\_\_\_\_

**Name of Your Primary Care Physician:**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ Specialty: \_\_\_\_\_  
Date Last Seen: \_\_\_\_\_

**Name of any Other Physicians whom you see regarding your current health to include PAIN TREATMENT (PLEASE INCLUDE NAMES OF ANY PHYSICAL THERAPY OR CHIROPRACTORS USED):**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ Specialty: \_\_\_\_\_  
Date Last Seen: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ Specialty: \_\_\_\_\_  
Date Last Seen: \_\_\_\_\_

**Name of Your Pharmacy:**

Name/Location: \_\_\_\_\_ Phone: \_\_\_\_\_

**Do you have a Living Will or designated Durable Power of Attorney to help with medical decision-making if you are unable to do so? Yes \_\_\_ No \_\_\_**

**Name of Responsible Person/Relationship to you:** \_\_\_\_\_

**Their phone Number:** \_\_\_\_\_ **Location of Document:** \_\_\_\_\_

**If you don't have one, do you want information on Living Will/Power of Attorney? Yes \_\_\_ No \_\_\_**

**Patient Authorization Form  
Consent for Phone Contact**

**In an effort to give you the best possible patient care, it is often necessary to leave a message at your home regarding test results or more often, an upcoming appointment. Please read the following and check all that apply.**

- I prefer all discussions and/or confirmation of appointments be given only to me. If I am unavailable you may leave a message for me to call you back.
- You may leave test results or confirm appointments with any member of my family.
- You may leave test results, confirm appointments and discuss my care with a specific person(s): \_\_\_\_\_
- You may leave test results, confirm appointments, and leave messages on my voice mail.

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Time